



Tips and tricks on the topic of...

Potty training

Children will start using the toilet or potty as soon as they are ready for it.

Potty training

Your child will use the toilet or potty as soon as he or she is ready for it. Signs can be:

- when he or she tells you that their diaper is wet or full.
- when he or she can control their bladder or bowel movements for a certain period of time.
- when he or she shows interest in the toilet.
- when he or she feels uncomfortable in dirty nappies.

What you can do:

- Give your child a potty or a children's seat on the toilet and a footstool.
- Ask your child from time to time if he or she wants to go to the toilet.
- If you notice signals that your child has to go to the toilet during the day, put him or her briefly on it.
- After meals, before you leave the house, when you come home...
animate your child to sit on the toilet for a moment.
- Do not force your child to sit on the toilet if he or she does not want to.
- Praise your child for successes, but also if he or she has been there for a few minutes and «nothing» happened.
- Stay calm if your child accidentally wets his or her pants.
- Give your child opportunities to walk around without nappies/diaper, e.g. outdoors in summer.
- Even once your child is potty trained, he or she stills needs to be reminded to go to the toilet in certain situations, e.g. when preoccupied with a game, before leaving the house...

Incidentally:

If toilet training proves unsuccessful, it may be too early for this.

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